What is High Frequency?

The safe and gentle oscillating and oxygenating power of high frequency electrical current has been shown to enhance blood circulation, increase collagen and elastin production, eliminate toxins and acne-causing bacteria, encourage lymphatic drainage, exfoliate dead skin cells and improve skin care product absorption. The primary action of high frequency current is thermal (heat producing) and is characterized by a high rate of oscillation. Due to its rapid rate of oscillation, high frequency does not cause muscular contractions - instead, it works on the principle of skin toning.